

The Unit Circle Workout

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Put your hands in the air; now move them to the right,
That's the positive x-axis; we're gonna move counter clockwise.
Are you ready for the Unit Circle Workout?

Zero, pi over six, pi over four, pi over three,
Pi over two, two pi over three, three pi over four, five pi over six,
Pi, seven pi over six, five pi over four, four pi over three,
Three pi over two, five pi over three, seven pi over four, eleven pi over six,
Two pi, two pi, two pi...

Put your hands back in the air, put 'em back to the right,
Still going counter clockwise, doing sine this time.

Zero, one half, root two over two, root three over two,
One, root three over two, root two over two one half,
Zero, negative one half, negative root two over two, negative root three over two,
Negative one, negative root three over two, negative root two over two, negative one half,
Zero, zero, zero.

One, root three over two, root two over two, one half,
Zero, negative one half, negative root two over two, negative root three over two,
Negative one, negative root three over two, negative root two over two, negative one half,
Zero, one half, root two over two, root three over two, one, one, one, we're done.

This is the last one; we're gonna do it double time,
Arms out to the side; gonna shoot to the sky,
Tangent...double time!

Zero, one over root three, one, root three,
Undefined, negative root three, negative one, negative one over root three,
Zero, one over root three, one, root three,
Undefined, negative root three, negative one, negative one over root three,
Zero, zero, zero, zero, now we're done